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| WEEK ONE  |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  | MONDAY |  | TUESDAY |  | WEDNESDAY |  | THURSDAY |  | FRIDAY |
|  |  |  |  |  |  |  |  |  |  |  |
| Halal Choice Main Meal 1 |  |  Chicken Breast Fillet served in a Tomato and Basil Sauce  |  | Thai Green Chicken Curry served with Mixed Rice |  | Roast of the Day with Traditional Accompaniments |  | Homemade Savoury Mince Lamb and Onion Cobbler |  | Deep Fried Fish with Lemon and Tartare Sauce |
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| Main Meal 2 |  | Homemade Beef Burger served in a Bun with Tomato Relish  |  | Freshly Made Oven Baked Meat and Potato Pie |  | Mexican Chilli Con Carne served with Braised Rice |  | Deep Filled Chicken and Vegetable Enchiladas |  | Vegetable Curry served with 50/50 Rice |
| PIE |  |  |  |  |  |  |  |  |  |  |
| Vegetarian |  | Quorn Sausage and Winter Vegetable Cassoulet |  |  Traditional Mediterranean Vegetable Lasagne |  |  Creamy Cheese Topped Leek and Potato Layer |  | Wholemeal Cheese and Tomato Pasta Bake |  |  |
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| Vegetables |  | Jacket WedgesPeasSweetcornBaked BeansMixed Garden Salad |  | New PotatoesRoasted VegetablesGreen BeansBaked BeansMixed Garden Salad |  | Roast PotatoesBaton CarrotsSavoy CabbageBaked BeansMixed Garden Salad |  | Spicy Diced PotatoesBroccoliMixed VegetablesBaked BeansMixed Garden Salad |  | Chipped PotatoesMushy PeasBaked BeansMixed Garden Salad |
|  |  |  |  |  |  |  |  |  |  |  |
| Available Daily |  | Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks |

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| WEEK TWO  |
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|  |  | MONDAY |  | TUESDAY |  | WEDNESDAY |  | THURSDAY |  | FRIDAY |
|  |  |  |  |  |  |  |  |  |  |  |
| Halal Choice Main Meal 1  |  |  Fresh Salmon and Tuna Pasta Bake |  | Oven Baked Golden Topped Shepherd’s Pie |  | Roast of the Day with Traditional Accompaniments |  | Spicy Chicken Tikka served with Wholegrain Rice  |  |  Fish Fingers or Posh Fish Finger Sandwich with Lemon Mayo |
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| Main Meal 2 |  | Traditional All Day Breakfast |  | Freshly Baked Assorted French Bread Pizza Slices |  | Taco Boats filled with Spiced Chicken and Peppers  |  |  Homemade Minced Beef and Vegetable Pie |  | Oven Baked Savoury Cheese and Tomato Flan |
| PIE |  |  |  |  |  |  |  |  |  |  |
| Vegetarian |  | Vegetarian All Day Breakfast |  | Fresh Creamy Pasta Primavera  |  | Traditional Tuscan Bean Casserole |  | Chinese Style Vegetable Stir Fry |  |  |
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| Vegetables |  | Spicy Diced Potatoes BroccoliGrilled TomatoesBaked BeansMixed Garden Salad |  | Jacket WedgesSweetcornGarden PeasBaked BeansMixed Garden Salad |  | Roast PotatoesMixed Vegetables CauliflowerBaked BeansMixed Garden Salad |  | New Potatoes Sliced CarrotsGreen BeansBaked BeansMixed Garden Salad |  | Chipped PotatoesMushy PeasBaked BeansMixed Garden Salad |
|  |  |  |  |  |  |  |  |  |  |  |
| Available Daily |  | Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks |

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| WEEK THREE  |
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|  |  | MONDAY |  | TUESDAY |  | WEDNESDAY |  | THURSDAY |  | FRIDAY |
|  |  |  |  |  |  |  |  |  |  |  |
| Halal Choice Main Meal 1  |  | Fresh Hot Pulled BBQ Chicken Baguette |  | Traditionally made Italian Style Lamb Lasagne |  | Roast of the Day with Traditional Accompaniments |  | Moroccan Chicken with Cous Cous and Lemon |  | Deep Fried Fish with Lemon & Tartare Sauce |
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| Main Meal 2 |  | Aromatic Beef Balti served with Mixed Rice |  |  Freshly Oven Baked Chicken and Sweetcorn Pie |  | Traditional Mexican Style Spicy Beef Burritos |  | Italian Beef and Tomato Fusilli Bake |  | Creamy Herb Crumbed Macaroni Cheese |
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| Vegetarian |  |  Herb and Potato Topped Country Vegetable Bake |  | Spinach and Chick Pea Curry with Wholegrain Rice |  | Chinese Style Sweet and Sour Quorn Chow Mein |  | Tangy Cheddar Cheese and Onion Flan |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
| Vegetables |  | Jacket WedgesGarden Peas SweetcornBaked BeansMixed Garden Salad |  | New PotatoesRoasted VegetablesGreen BeansBaked BeansMixed Garden Salad |  | Roast PotatoesSeasonal GreensCarrots and PeasBaked BeansMixed Garden Salad |  | Spicy Diced PotatoesBroccoliBaton CarrotsBaked BeansMixed Garden Salad |  | Chipped PotatoesMushy PeasBaked BeansMixed Garden Salad |
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| Available Daily |  | Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks |