

# MAKE GOOD CHOICES.

## WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Halal Choice Main Meal 1	Chicken Breast Fillet served in a Tomato and Basil Sauce	Thai Green Chicken Curry served with Mixed Rice	Roast of the Day with Traditional Accompaniments	Homemade Savoury Mince Lamb and Onion Cobbler	Deep Fried Fish with Lemon and Tartare Sauce
Main Meal 2	Homemade Beef Burger served in a Bun with Tomato Relish	Freshly Made Oven Baked Meat and Potato Pie	Mexican Chilli Con Carne served with Braised Rice	Deep Filled Chicken and Vegetable Enchiladas	Vegetable Curry served with 50/50 Rice
Vegetarian	Quorn Sausage and Winter Vegetable Cassoulet	Traditional Mediterranean Vegetable Lasagne	Creamy Cheese Topped Leek and Potato Layer	Wholemeal Cheese and Tomato Pasta Bake	
Vegetables	Jacket Wedges Peas Sweetcorn Baked Beans Mixed Garden Salad	New Potatoes Roasted Vegetables Green Beans Baked Beans Mixed Garden Salad	Roast Potatoes Baton Carrots Savoy Cabbage Baked Beans Mixed Garden Salad	Spicy Diced Potatoes Broccoli Mixed Vegetables Baked Beans Mixed Garden Salad	Chipped Potatoes  Mushy Peas Baked Beans Mixed Garden Salad
Available Daily	Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks				

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## WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Halal Choice Main Meal 1	Fresh Salmon and Tuna Pasta Bake	Oven Baked Golden Topped Shepherd's Pie	Roast of the Day with Traditional Accompaniments	Spicy Chicken Tikka served with Wholegrain Rice	Fish Fingers or Posh Fish Finger Sandwich with Lemon Mayo
Main Meal 2	Traditional All Day Breakfast	Freshly Baked Assorted French Bread Pizza Slices	Taco Boats filled with Spiced Chicken and Peppers	Homemade Minced Beef and Vegetable Pie	Oven Baked Savoury Cheese and Tomato Flan
Vegetarian	Vegetarian All Day Breakfast	Fresh Creamy Pasta Primavera	Traditional Tuscan Bean Casserole	Chinese Style Vegetable Stir Fry	
Vegetables	Spicy Diced Potatoes Broccoli Grilled Tomatoes Baked Beans Mixed Garden Salad	Jacket Wedges Sweetcorn Garden Peas Baked Beans Mixed Garden Salad	Roast Potatoes Mixed Vegetables Cauliflower Baked Beans Mixed Garden Salad	New Potatoes Sliced Carrots Green Beans Baked Beans Mixed Garden Salad	Chipped Potatoes  Mushy Peas Baked Beans Mixed Garden Salad
Available Daily	Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks				

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## WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Halal Choice Main Meal 1	Fresh Hot Pulled BBQ Chicken Baguette	Traditionally made Italian Style Lamb Lasagne	Roast of the Day with Traditional Accompaniments	Moroccan Chicken with Cous Cous and Lemon	Deep Fried Fish with Lemon & Tartare Sauce
Main Meal 2	Aromatic Beef Balti served with Mixed Rice	Freshly Oven Baked Chicken and Sweetcorn Pie	Traditional Mexican Style Spicy Beef Burritos	Italian Beef and Tomato Fusilli Bake	Creamy Herb Crumbed Macaroni Cheese
Vegetarian	Herb and Potato Topped Country Vegetable Bake	Spinach and Chick Pea Curry with Wholegrain Rice	Chinese Style Sweet and Sour Quorn Chow Mein	Tangy Cheddar Cheese and Onion Flan	
Vegetables	Jacket Wedges Garden Peas Sweetcorn Baked Beans Mixed Garden Salad	New Potatoes Roasted Vegetables Green Beans Baked Beans Mixed Garden Salad	Roast Potatoes Seasonal Greens Carrots and Peas Baked Beans Mixed Garden Salad	Spicy Diced Potatoes Broccoli Baton Carrots Baked Beans Mixed Garden Salad	Chipped Potatoes  Mushy Peas Baked Beans Mixed Garden Salad
Available Daily	Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads. Hot Sweet of the Day or Fresh Fruit Salad, Hot and Cold Drinks				